Bio-Poem Templates

Bio-poem I

Line 1: Your first name only
Line 2: Four traits that describe you
Line 3: Sibling of . . .
Line 4: Lover of . . . (three people or ideas)
Line 5: Who feels . . . (three items)
Line 6: Who needs . . . (three items)
Line 7: Who gives . . . (three items)
Line 8: Who fears . . . (three items)
Line 9: Who would like to see . . . (three items)
Line 10: Resident of (your city), (your road name)
Line 11: Your last name only

Bio-poem II

I am . . . (Use two words to describe yourself)
I wonder . . . (What do you want to know about life?)
I hear . . . (What sounds do you hear in your mind?)
I see . . . (What sights do you see with your mind’s eye?)
I want . . .
I am . . . (same as first line)
I pretend . . . (What do you pretend to be or do?)
I believe . . .
I touch . . . (What do you touch literally or figuratively?)
I feel . . .
I worry . . . (that . . . about . . . over . . . when . . . etc.)
I cry.
I am . . . (same as first line)
I understand . . . (What do you understand about life?)
I say . . . (What do you have to say about this?)
I dream . . . (What do you dream of doing or seeing?)
I am . . . (same as first line)
Mood Poem Template

Mood Poem
I feel . . . (name of mood)
Not . . . (example of how your mood does not feel)
Not . . . (example of how your mood does not feel)
Not . . . (example of how your mood does not feel)
But . . . (example of how your mood does feel)
(examples of how your mood does feel)
(examples of how your mood does feel)

Mood Poem: Example

I’m mellow
• Not a go lay in a sunny field smoking a cigarette mellow
• Not mellow enough to give a bum all my money
• Not mellow enough to sit on a yacht and drink lemonade
But just a sit in the air-conditioned living room watching reruns mellow
• Mellow like nothing to do Saturday morning
• Mellow like watching your cork from the banks of a cool country pond
• A do what I want mellow that takes no effort or planning
Template Experiment: Directions

Objective: Produce poetry from a selection of templates

Do:
1. Individually, choose one of the two bio-poem templates and fill in the information in parentheses. Write down your bio poem.
2. Choose a mood that is difficult to describe. If you are having trouble thinking of one, consult the list of suggested moods. Write a mood poem by filling in the parentheses. You may fill the parentheses with individual words or longer phrases like in the example. Write down your mood poem.

Reflection:
Write one paragraph about the advantages and disadvantages of using a template to write poetry.

Save for your poetry booklet:
1. One bio-poem
2. One mood poem
3. One paragraph reflection
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Proud
Quarrelsome
Raging
Rapt
Refreshed
Rejected
Relaxed
Relieved
Remorseful
Reward
Righteous
Sad
Sated
Satisfied
Scared
Screwed up
Servile
Settled
Severe
Shocked
Silly
Skeptical
Sneaky
Solemn
Sorrowful
Spiteful
Startled
Stingy
Strange
Stuffed
Stunned
Stupefied
Stupid
Suffering
Sure
Sympathetic
Talkative
Tempted
Tenacious
Tense
Tentative
Tenuous
Terrible
Thwarted
Tired
Trapped
Troubled
Turbulent
Ugly
Uneasy
Unsoiled
Vehement
Violent
Vital
Vivacious
Vulnerable
Weepy
Wicked
Wonderful
Worried
Zany